

Lakeshore Century 2009 Registration and Release
One rider per application/release. Please make copies for additional riders.

 Last Name

 First Name

 Street Address

 City State Zip

 Age – day of Ride Phone

 Emergency Contact Phone

I plan on riding 25, 37, 62, 73, 100 miles
 Please circle one

	By 8/30	After 8/30	Day of Ride	Subtotal
Registration	\$20	\$25	\$30	\$_____
Children 12 and under are free if accompanied by an adult during the ride.				
Short Sleeve Tee Shirts				
Circle S M L XL		\$12	\$12	\$_____
	2XL	\$14	\$14	\$_____
Long Sleeve Tee Shirts				
Circle S M L XL		\$15	\$15	\$_____
	2XL	\$17	\$17	\$_____
TOTAL ENCLOSED				\$_____

Make check payable to the Calumet Crank Club and mail to Bobbie Cyzyk, 53 Appletree Ln., Valparaiso, IN 46383. For confirmation enclose a SASE or your cancelled check will serve as your receipt.

**The Calumet Crank Club
 Lakeshore Century**

We've become a tradition with cyclists in the Midwest – great routes, beaches, sand dunes, picturesque countryside - and views begging for a camera. Cruise the shores of Lake Michigan along the Indiana Dunes National Lakeshore and Michigan City's Lake Shore Drive to New Buffalo, Michigan.

Travel the well-paved, lightly traveled back roads of Indiana. Century riders will enjoy rolling hills, but no killers. All other routes have flat to rolling terrain with a few hills.

Your registration fee entitles you to:

- Marked roads and cue sheets
- Sag stops located at 25-mile intervals or less with sport drinks, cookies, bagels, fruit, sandwiches, etc.

Registration

Registration will be held from 6:30 – 11 am. **No on-site registration will be permitted after 11 am.**

Starting times

100 miles — 6:30 am - 8 am
 25, 37, 62 & 73 miles — 7 am - 11 am

Sag service and rest stops have been set up based on the designated start times. Starting other than these times could mean a lack of sag service or food at rest stops.

All riders must plan to finish their rides by 4:00 pm.

**Directions to:
 Jackson Elementary School**

(Note new starting/finishing location)
 811 N 400 E
 Valparaiso, IN 46383

Chicago area riders (from the North):
 I-90 or I-80/94 to Rt. 49 South to Rt. 6 (4.1 miles). Turn left on Rt. 6 go (2.8 miles) to 400E. Left on 400E (Jackson Elementary School) across from Anderson Orchard on Rt.6.

From the South take Indiana Rt. 49 to US 6, Turn right on Rt. 6 go (2.8 miles) to 400E (Jackson Elementary School) across from Anderson Orchard on Rt.6

Quotes

- "Excellent, Outstanding Volunteers"
- "Beautiful ride"
- "Excellent SAG stops"
- "Thanks for all the hard work"
- "Kudos to your entire organization"
- "Scenery was amazing"

For More Information

Contact Bobbie Cyzyk at 219-462-6035,
 blcyzyk@verizon.net.

Consent and Liability Release – Read Carefully

Release of Organizers and Sponsors: In signing this form for myself or named participant (if he/she is under 18 years of age), I accept and agree to the following statements:

1. I understand that bicycle riding is a potentially hazardous activity, and I voluntarily participate in it of my own free will. In choosing to attend this event, I agree to assume all risks before, during, and after this event.
2. I acknowledge that I am in sound medical condition capable of participating in this ride without risk to myself or others and that I have no known medical condition that would endanger me or cause me to endanger others.
3. I agree that I will be solely responsible for the condition of my bike and related equipment.
4. I agree to abide by the rules of the ride.
5. I consent to the use of my name, photograph or likeness, voice, and written responses in promotions and advertising materials.
6. Understanding that risks exist, I HEREBY RELEASE, WAIVE, DISCHARGE, COVENANT NOT TO SUE AND AGREE TO HOLD HARMLESS THE ORGANIZERS, SPONSORS, COMMUNITIES, ORGANIZATIONS, MEMBERS, VOLUNTEERS, AND SUPPORT PERSONNEL WHETHER INDIVIDUALS OR ORGANIZATIONS, and all successors SINGLY OR COLLECTIVELY of all blame for any injury, misadventure, harm, loss, or inconvenience suffered directly or indirectly as a result of taking part in this ride or any of the activities associated with the event.
7. This waiver and release of all claims, demands, actions, and liability shall include, without limitation, any injury, damage or loss to my person or property which may be caused by any act or failure to act by releasees, even if said injury, damage, or loss results from the negligence of any or all of the above indemnified releasees or is sustained by me before, during or after this ride.
8. I agree to indemnify and hold harmless releasees for all lawsuits, losses, damages, claims, and expenses, including attorney's fees and costs arising from relating in any respect to my participation in this ride or for my breach of this agreement. This provision will apply regardless of whether or not the lawsuit, losses, damages, claims, expenses, attorney's fees and/or costs arise out of the negligence of any of the releasees.
9. If I am a minor, my parent or guardian is also signing on my behalf, and we both agree to be bound by the terms of this agreement.
10. The laws of the State of Indiana will govern any disputes or other matters relating to this Consent and Liability Release.

THIS AGREEMENT MAY NOT BE MODIFIED ORALLY AND MAY NOT BE WAIVED IN ANY RESPECT. I HAVE READ THIS AGREEMENT, WAIVER, AND RELEASE AND AGREE TO AND ACCEPT ITS TERMS.

 Rider's Release Signature Date

 Parent's/Legal Guardian's Release Signature if rider is under 18 at time of ride Date

Helping Others

This ride affords our Club the opportunity to donate a portion of the proceeds to organizations that promote bicycling and to other local non-profit agencies in our area.

Important Things to Know . . . And More

- Helmets are required and must be worn.
- Choose a ride distance that you are prepared to ride. If you are riding the 100-mile route, please start early!
- No shower facilities this year.

Sag wagons are available for emergencies only. While sag drivers may assist with emergency bicycle repairs such as flat tires, they are not mechanics. There will be a charge for tubes.

Check your bicycle before leaving home to make sure it's safe and in good working order. Consider taking it in for a tune up. Bicycle mechanics will be at Jackson Elementary School during registration hours to make last minute adjustments. There will be a reasonable charge for more extensive repairs, but please don't expect to get a complete overhaul.

Please bring your own spare tube, pump, and a few basic tools for minor repair. Bring a cell phone in case of an emergency.

Thanks to Our Sponsors:

Soft Touch Car Wash, Inc.

Schoolhouse Shop
Chesterton, Indiana

Buck's Bicycle Shop, Inc.

Financial support provided by:



Chesterton Bicycle Station

Saint Anthony
Valparaiso
Center for Diagnostic Imaging



Bobbie Cyzyk
Calumet Crank Club Lake Shore Century
53 Appletree Ln.
Valparaiso, IN 46383

The Calumet Crank Club Lakeshore Century



25, 37, 62, 73 & 100-Mile
Bicycle Ride

Sunday, September 13, 2009
Chesterton, Indiana
www.bicycling.org